## STAFF BIRTHDAYS THIS AND NEXT WEEK:

**Bob Allen; Jan 19th** 

## **STAFF AND STUDENTS:**

- 1 Attention CSF, Remember to pay for your T-shirt if you ordered one. The cost is \$8.50 and is paid to the finance office. Take your receipt, with your name, to Mrs. Rodriguez and pick up your T-shirt. Also, remember your hours for volunteer service are due on JANUARY 30. Please see the showcase window in front of Mrs. Rodriguez's room for current club announcements and meeting dates.
- 2. It's that time again! Expanding Your Horizons (EYH) is a non-profit annual conference aimed to interest girls, in grades 6th  $10^{th}$ , in science, math, engineering, and technology (STEM). Over the past decade, the San Diego chapter of EYH has introduced thousands of young girls to exciting STEM careers. Our conference offers hands-on workshops and activities organized by some of San Diego's best and brightest professionals in STEM industries.

To excite and prepare students for college life, it is hosted at the University of San Diego (USD). Our ultimate goal is to motivate girls to become innovative and creative thinkers ready to meet 21st century challenges. Parents are also encouraged to attend their

own workshops that focus on college applications, financial aid, etc.

Student and parent registration is now open! Please

visit: www.EYHSanDiego.org

Fee waivers are available for those who request them during the application process. Flyers are available for download on our website as well. This year's conference is on Saturday, March 4, 2017, hosted at the University of San Diego.

3. **Spring Sports start in February**. Spring sports include: badminton, baseball, softball, boys golf, girls lacrosse, boys lacrosse, softball, swimming and diving, boys tennis, track and field and boys volleyball.

All students that plan on trying out and participating on a spring sports team MUST complete the online athletic registration at <a href="https://example.com">AthleticClearance.com</a>. All sports physicals must be dated after June 6, 2016.

Once you complete a clearance for one sport, most of the information you have entered will be retained in the system. To register for an additional sport, select Clearances at the top and then Start Clearance Here! After entering the year, school and additional sport, most of your information will auto fill. You must complete this process for every sport that you plan to participate in during the 2016-2017 school year.

Clearances will be processed for spring sports after February 6, 2017 because of CIF eligibility rules.

Please visit <a href="http://ljvikings.com/hq/athletic-clearance-2/">http://ljvikings.com/hq/athletic-clearance-2/</a> for more detailed information about the athletic clearance process.

- 4. **AMC10/12 (American Mathematics Competition)** will be held on Feb. 7 and 15 this year. You must sign up with Mrs. Menders in room 904. 20 slots available for AMC10A and 20 slots available for AMC12A on Feb.7.
- 5. A mandatory informational meeting for all **boys** interested in playing **tennis** this spring will be held on Wednesday, January 18th after school at 2:20 in the big gym.
- 6. There will be a mandatory **Badminton** meeting this Friday, January 13th in room 307 after school at 2:30p.m. If you are interested in joining the badminton team you need to be at this meeting
- 7. There is a mandatory meeting for **potential softball players** on Thursday, January 12th. Please meet at the West gate of the softball field at 11:50 (lunch time).
- 8. The **boys golf** season is just around the corner. If you are a golfer and interested in playing for the defending CIF Champions, come to a preseason meeting in room 703 (Quesnell's room) next Wednesday the 18th at the beginning of lunch.
- 9. There is **NO EATING** in the library. Miss Kelley got a little too relaxed about the policy and it is being taken advantage of because

of that. The library will be closed during lunch for the rest of the week......possibly longer...... due to people eating in the library. Signed, Mrs. Mean Lady

10. Make dinner a selfless act by joining us for a fundraiser to support La Jolla High School's Winter Sports! Come into the Chipotle at 1055 Torrey Pines Road tonight from 5:00-9:00 PM. Tell the cashier that you're supporting this cause and 50% of the proceeds will be donated to LJHS Winter Sports